

Hand & Nail Care

At **Neelu's** we choose Nailberry L'oxygene & OPI nail polishes because they are Toluene, Formaldehyde, Camphor & DBP (Dibutyl Phthalate) free. These are natural nail polishes designed to be free of the most harmful toxins.

Basic manicure with colour	€30
File & paint with colour	€20
Shellac file & paint with colour	€35
Gelish file & paint with colour	€30

Luxury manicure is the ultimate skin softening paraffin wax treatment that brings you fast & effective heat therapy for blissful, soothing relief from arthritis, bursitis, tendinitis and strain.

Neelu recommends this treatment for working hands that need TLC. €50

Foot Care & Pedicure:

For our pedicures we use Footlogix Pediceuticals. It is an innovative foot care line formulated to provide Transformational care for a variety of skin conditions affecting the feet, from simple dryness to more severe conditions resulting from Diabetes.

Footlogix products are free of synthetic oils, and are non-occlusive and not greasy. They are both hygienic and effective.

Basic pedicure with colour	€50
File & paint with colour	€20
Luxury pedicure with paraffin wax	€75
Deluxe pedicure includes basic pedicure, massage, mask and deep heat	€95

Make-Up Application

Neelu's professional makeup services are a beauty accessory. Subtle, just enough or bold. Your essence should be complemented, yet never changed. The creative touch of Neelu can bring out the best in you and she can even show you how to do it yourself. Bridal and special occasion services available. €50

Remedial Treatments:

Vein Wave: Thermo-Coagulation for Red Veins (face & chest)
20 minutes €300

Removal of Skin Tags
20 minutes €175

Removal of Milia (white heads)
20 minutes €175

Gift Vouchers available.
www.neelus-salon.com

Permanent Hair Reduction:

There is no treatment available that will permanently stop facial hair growth. Hormonal imbalance is the usual cause of unwanted facial hair.

Epil Pro is a sound-wave treatment. It is a unique innovation for permanent hair reduction and it's a superior alternative to conventional electrolysis. Truly non-invasive, pain free & needleless. Safe for diabetics & epileptics. Treats smooth moles. Slower regrowth. Much faster than electrolysis in results. But it is not a permanent removal of facial hair. The hair will grow back and back but softer and lighter in colour over period of time. The gap in the regrowth gets bigger and bigger.

Upper Lip	€35
Chin	€47
Sides of Face	€45
Neck	€50
Chin & Neck	€90

Semi-Permanent Make-up

Neelu has been practicing semi-permanent make-up since 1986, specialising in eyebrow shaping & eye liner. It is a simple method of implanting pigment into the dermal layer of the skin. The results can range from soft, subtle to crisp and very well defined, as each colour is custom blended to the client's requirements. It lasts up to 18 months. It is smudge proof, waterproof and is stunning.

Those women, whose eyebrows are sparse from plucking or shaving or are simply very blonde or light in colour, can enjoy a perfectly shaped natural looking brow created with semi-permanent make up.

Eyeliner or eyelash enhancement helps the eye to stand out and enhances the eye's natural colour and shape. Applying eyeliner may be difficult, especially when one has poor eyesight or physical problems.

Eye Brows	from €600-€650
Eye Liner (<i>top or bottom</i>)	€1000

Toning & Firming with Arasys

Another revolutionary treatment available at Neelu's is '**Arasys**' – the system that really works for inch loss, muscle building and body toning. **Arasys** provides unparallel inch loss, intensive toning, lymphatic drainage and cellulite reduction all in one. Each programme will help to increase your circulation, metabolism and aid inch loss. It is a most safe and comfortable system and is suitable for both men and women. This system also has a diuretic effect by stimulating the removal of waste products. Even someone who exercises regularly can benefit from **Arasys** treatment as it has the advantage over exercise of being able to exercise lazy muscles, for example the inner thigh. Arasys also achieves a contraction that is far stronger than can be achieved with normal exercise. It may take a client 2-3 hours in the gym to attain the same effect that can be gained in one 20 minute **Arasys** session.

Per half hour session	€65
A course of 10 half hour sessions	€475

Ion Magnum treatment will help you to lose fat and build muscle. The Ion Magnum is an advanced fitness system that rapidly burns fat and delivers the benefits of an intense, professional workout without the pain, physical exertion or inconvenience of conventional exercise.

Lose up to 5000 calories and 3" to 4" in forty minutes with Ion Magnum Treatment. Neelu has the only Ion Magnum machine in Ireland and its advantages and results are as follows –

- Reduction in visceral fat.
- Sculpts lean, slender and athletic body contours.
- Boosts Immunity, metabolism, stamina and body's detoxification process.
- Less pressure & stress on the skeletal joints than normal exercise.
- Builds strong muscles and core strength.
- Cellulite reduction.

40 minutes session	€175
A course of 10 (40 minutes) sessions	€1500

OPENING HOURS:

MON, WED & SAT. – 9.00AM TO 7.00PM

THURSDAY – 9.00AM TO 8.30PM.

FRIDAY – 9.00AM TO 8.00PM.

Beauty Therapist & Owner: NEELU WHITE

B.A. (Hons), M.A.English, M.A.Music, C.I.B.T.A.C.,
I.T.E.C., C.I.D.E.S.C.O., A.A.D., M.S.A.C., F.H.T.

Terms of trading:

1. Courses valid for one year only. Courses are non-transferable.
2. We regret Gift Vouchers cannot be exchanged for cash. Lost Vouchers cannot be replaced.
3. A credit card is required when making your appointment.
4. **Cancellations – by phone only:** We understand that appointments will need to be changed and cancelled from time to time. In order to facilitate our clients we ask for at least **24 hour notice** for treatments of less than half an hour, and **48 hour notice** for treatments of more than half an hour – otherwise a 100% cancellation charge applies.

The charges will be made automatically without notification.

NEELU'S
BEAUTY SALON

Stockists for: • Le Mieux Skin Care • AGERA® Skin Care Systems
• Mineral Essence (ME) Mineral Make-Up • Nailberry L'oxygen Nail Polishes
• OPI Nail Polishes • Footlogic Pediceuticals •

• **Ion Magnum Treatment for Inch Loss, Cellulite and Visceral Fat Reduction is exclusively available at Neelu's**

Gift Vouchers available.
www.neelus-salon.com



NEELU'S
BEAUTY SALON

Beauty Therapist & Owner: Neelu White

Since 1983, Neelu White has been practicing aesthetic beauty and other ground-breaking procedures in Dublin.

Neelu works hard at ensuring that her clients receive the best and most up to date treatments with product based home care and continuous advice. Specialising in mature and acne skin, Neelu is passionate about non-intervention skin care and allowing natural, glowing skin to age well due to professional treatment based attention.

She was one of the first therapists in Ireland to introduce the Perfector procedure also called the "One-Hour Non-Surgical Facelift." and of course, she is also well known as the therapist who brought threading to Ireland.

Beloved of the beauty press, Neelu is a regular on Xposé and in national magazines and newspapers who value her knowledge based approach.

Neelu offers traditional grooming treatments in addition to remedial skin and body treatments.

Neelu believes in beautiful, simple and effective skincare, with a core philosophy of non-invasive skincare as the key to a glowing complexion. Using the latest treatment technology and effective products, Neelu offers the current technology alongside research and experience based advice. Her treatment machines are exclusive to her in Ireland and are developed in Europe using best practice, scientific knowledge in skin care.

Neelu offers skin and body solutions in a professional and plush environment in her new salon in Liffey Street, Dublin. Previously based in Dun Laoghaire and Arnotts, Neelu brings this experience with her and will continue her client based approach to skincare and grooming.

NEELU'S
BEAUTY SALON

25 Liffey Street Upper, Dublin 1
Phone: 01-280 6742 and 01-878 8132

www.neelus-salon.com

Note – We would appreciate if you phoned to make or change appointments instead of e-mails.

GIFT VOUCHERS AVAILABLE

Skin Treatments:

Lumi-Facial LED Light Therapy: (for face, neck & cleavage).

Lumi-Facial LED light therapy consists of four programmed treatments for acne, pigmentation and sun damage, anti-aging and rosacea or redness. Each program uses frequencies and wavelengths from four different visible light spectrum to reach the layer where the damaged skin cells lie. The cells are re-energized and repaired. This activity stimulates rapid cellular turnover, smoothing and renewing the skin surface.

Benefits of Lumi-Facial LED Light Therapy.

Blue light is the shortest wave used. It reaches down into the skin's pores to regulate and calm the oil glands, improving acne prone skin.

Green light is a longer wave reaching down to normalize the glands that regulate the colouring of the skin. This effect can decrease dark pigmentation spots, creating an even tone on the surface. It also reduces redness due to chemical irritation.

Yellow light extends down through the epidermis layer to reach the tiny blood vessels and lymph system. It is known for detoxifying the skin by stimulating blood circulation, thereby increasing the healing and health of the skin.

Red light is the longest wave, triggering repair throughout all layers of the skin. It is known to have a positive effect on the production of collagen and elastin, greatly improving hydration, firmness, and elasticity of the skin.

This facial

- Improves blemishes, pigmentation, redness and wrinkles.
- It is very beneficial before & after surgical procedures to promote wound healing and decrease recovery time.
- Hugely effective for improving stretch marks

€300

Resculpting Lumi-Lift Treatment:

A revolutionary way of rejuvenating the skin and lifting sagging muscles of the face & neck. Combining light therapy and micro-currents erases years from the appearance of your skin without the use of drastic and painful surgical procedures.

- This treatment consists of photo-bio-stimulation, impulse micro-currents and ultra-sound. Lumi-lift treatment restores a natural, youthful appearance of the skin.
- The improvement can be quite dramatic. Most clients see an immediate improvement. With series of treatments, skin will look visibly fresher.
- Feedback is of younger looking skin, reduction in fine lines & wrinkles, increased skin elasticity and redefined and firmer facial contour.
- Pore size is reduced along with textural irregularities, acne and pigmentation blemishes. All this is achieved without any thermal damage or downtime.

€300

RF Collagen Wave Treatment:

(a) FACE.

This is the first non-invasive aesthetic device to simultaneously deliver these energies and reflect the latest scientific research on natural skincare.

This treatment plumps up skin to minimize wrinkles, gives skin strength and elasticity, reduces subcutaneous fat in the double chin and neck. In short, it restores the fresh, sharper and youthful appearance of the skin. This treatment will restore the apples of your cheeks and redefine the contours of your face giving you much sharper, firmer, fuller and fresher skin.

€275

(b) Cleavage & Neckline:

With combined energies, the skin tissue in this area gains firmness and the skin becomes denser.

It increases the cell regeneration ability of the skin. It also boosts the radiance of the skin and gets rid of the imperfections in this area.

€300

Perfector Face Lift:

Cell regeneration from the anti-aging expert, Neelu. Perfector was invented by the same person who invented the heart device, the PACE-MAKER.

- Clinically proven to lift sagging muscles, reduce wrinkles and lift tissue.
- The non-surgical face lifting treatment- is a micro-current therapy which is the first real alternative to cosmetic surgery as it shows similar results.
- It is suitable for wrinkle reduction, lifting sagging contours, melasma reduction, reducing toxicity, increasing cell energy. It is safe and painless.

€175

Neelu will assess the skin tone and condition of each of her clients. She will have a two way consultation and suggest a customised, treatment plan to allow brightened and radiant skin to surface

Oxygen Treatments:

(a) The **rejuvenation infusion** treatment is a unique, reviving experience providing instant results you can see & feel. A professionally administered rejuvenation treatment uses the benefits of oxygen under pressure to promote the delivery of low weight hyaluronic acid, green tea and vitamins A, C, E to the skin. Hyaluronic Acid aids moisture content in skin.

Visible benefits include:

- Improved skin hydration & volume
- An instant reduction in the appearance of fine lines & wrinkles
- Noticeably defined facial contours.

Skin looks younger, luminously radiant and lit from within.

€225

(b) The **Opulence infusion** treatment effectively softens the appearance of age spots and uneven skin tone while brightening the skin's appearance and improving radiance and vitality. The treatment instantly revives and illuminates the skin. It unlocks your skin's true potential and reveals its inner glow.

€225

(c) The **Clarity infusion** treatment provides instant results you can see.

- Impurities and inflammation are banished leaving an antibacterial environment for calm clear skin.
- In just one treatment, your skin will look and feel clarified and calm. Acne is diminished and pore aggravating bacteria is minimised while oil free nourishers ensure moisture balance is maintained to help prevent future breakouts.

€225

Add-ons to Oxygen Treatments

• **Atoxelene:** Dramatically smoothes the appearance of wrinkles, Visibly lifts brow and plumps Lip contours, Targets expression lines.

€50

• Boosters:

(a) **Vitamin C +3** add-on for Smooth, Brighten and Strengthen.

€50

(b) **Collagen** add-on for Restore, Tighten and Volume.

€50

(c) **Antioxidant** add-on for Detox, Revitalise and Balance.

€50

(d) **Vitamin A** add-on for Regenerate, Clarify and Refine.

€50

Medical Microdermabrasion:

A resurfacing procedure performed by Neelu, a certified professional. There is no down time.

- Safe and easy alternative to laser and chemical peels to repair sun damage, acne and fine lines.
- Treatment uses a controlled flow of medical grade crystals to remove the dead, outermost layer of skin.
- It reveals the new living cells that are soft, smooth and receptive to nutrients.
- It is suitable for treating sun damage, acne & acne scars, hyper pigmentation, Blackheads and fine lines. (We use disposable heads and disposable eye shields for this treatment.)

Face	€150
Back	€275
Chest	€275
Upper arms	€200
Hands	€150

Diagnostic treatment for full skin consultation:

This is a treatment for all skin types. Excellent for tired, sluggish and dull skin. Excellent for skin polluted with environmental toxins, sun damage and incorrect diet.

- This treatment detoxifies, stimulates cell regeneration, increases circulation and hydration, restoring a natural healthy glow.
- Immediate brightness and radiance is revealed.

Diagnostic Facial allows radiant and real skin to be revealed allowing Neelu to prepare and work on a skin treatment plan.

€175

Threading

Neelu was the first person to introduce the threading technique to Ireland. Threading is an ancient Indian way of removing hair. Threading involves knotting and twisting a fine cotton thread around hair to essentially take it from the pore. Neelu works to design and shape a flawless brow without the pain and skin injury common to other techniques.

Threading allows for a more painless, precise, less irritating, chemical free and lasting hair removal experience compared to other techniques. Threading is kind to your skin – did you know that facial waxing can actually cause your skin to sag and wrinkle? It can also cause broken capillaries. Threading leaves you with well defined brows that draws attention and focus to the eyes.

Eyebrow Shape	€18
Upper Lip	€18
Chin	€28
Lip & Chin	€40
Forehead	€30
Sides of the Face	€30
Neck	€32
Full Face (including Eyebrows)	€140

Tinting For Eyelashes & Eyebrows

Eyelash Tint	€18
Eyebrow Tint	€15
Eyelash + Eyebrow Tint	€30

All eyelash tint treatments require an Allergy Patch Test 24 hours prior to first treatment.

Disposable Waxing

Spatula Waxing v Disposable Waxing

Professional, hygienic, disposable waxing system is used at Neelu's. No fear of cross contamination through waxing due to spatula re-dipping in the wax pot or not being able to sterilize the head of the roller waxing. The applicator is new for each client and disposed of after each use.

The applicator has a gate mechanism to prevent the wax from re-entering the tube. The tube is held at a 45° angle in a booster chamber so there is no chance of any flow-back during treatment. It is the safest wax system eliminating the possibilities of cross-contamination (*especially in areas prone to bleeding*) between clients.

Full Leg	€40
3/4 Leg	€32
1/2 Leg	€23
Basic Bikini Wax	€25
Brazilian Bikini Wax	€45
Extended Bikini Wax	€40
Abdomen Wax	€15
Under Arm Wax	€20
Full Arm Wax	€28
Full Back Wax	€36

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