

Remedial Treatments with disposable needle

Removal of skin tags, white heads or milia – up to 20 mins. €175

TC3000 Thermo-Coagulation

Thermo-Coagulation for Red Veins – 20 mins. €300

Semi-Permanent Make-up

Neelu has been practicing **semi-permanent make-up** since 1986, specialising in eyebrow shaping, eye liner and lip liner. It is a simple method of implanting pigment into the dermal layer of the skin. The results can range from soft, subtle to crisp and very well defined, as each colour is custom blended to the client's requirements. It lasts up to 3 years. It is smudgeproof, waterproof and is stunning.

Those women who's eyebrows are sparse from plucking or shaving or are simply very blonde or light in colour, can enjoy a perfectly shaped natural looking brow created with semi-permanent make up.

Eyeliner or **eyelash enhancement** helps the eye to stand out and enhances the eyes' natural colour and shape. Applying eyeliner may be difficult, especially when one has poor eyesight or physical problems.

Similarly **lip lining** enhances the lip shape and can be used to correct the shape of the lips and solves the problems of lipstick bleeding. We can offer you, through the art of semi-permanent make-up, the confidence of feeling and looking naturally beautiful all of the time.

Eye Brows from €600
Eye Liner (*top or bottom*) €1000

Shellac Nail Painting

Shellac combines the ease of polish & permanence of gels. It is non-chip, extended wear colour. It gives 14 days glorious, high gloss shine that's truly addictive.

It is hypo allergenic and is Formaldehyde, Toluene & DBP free. It has no dry time as it is UV cured. Reach into you purse, grab your keys and grab the wheel of your car with confidence.

Shellac protects and helps strengthen natural nails. No more weak, thin or flimsy nails as may happen after the 3 week manicure or everlasting manicure.

No more filling off or soaking off.

Treat Nails as Jewels – Not as Tools!

- **Shellac (Colour)** Full set of hands or feet €35
- **Shellac (French)** Full set of hands or feet €40
- **Shellac (Removal)** Full set of hands or feet €10

Special Offer – Pay for 6 Shellac applications & get 6 removals free – (worth €60)

At **Neelu's** we choose OPI nail polishes because it is Toluene, Formaldehyde, Camphor & DBP (Dibutyl Phthalate) free. It is natural nail polish designed to be free of the most harmful toxins.

• Hand Care:

File & paint colour	€20
File & paint French	€25
Basic manicure with colour	€30
Basic manicure with French	€35

Luxury manicure is the ultimate skin softening parafin wax treatment that brings you fast & effective heat therapy for blissful, soothing relief from arthritis, brunitis, tendinitis and strain. **Neelu** recommends this treatment for working hands that need TLC. (50 mins.) €50

Deluxe manicure includes basic manicure, exfoliation, massage, mask and deep heat. €75

Anti-aging manicure with 4 in 1 treatment. It is a treatment where you will notice visible difference, even after one treatment, in the feel and look of the skin of the hands. It includes crystal and organic grain microdermabrasion with spray of oxygen & cool light for firming and rejuvenating the skin. Hands are massaged with powerful peptides and Vitamin C that helps repair, perfect and replenish sun damaged, stressed hands. €110

• Foot Care

File & paint colour	€20
File & paint French	€25
Basic pedicure with colour	€50
Basic pedicure with French	€55
Luxury pedicure with parafin wax	€75
Deluxe pedicure includes basic pedicure, massage, mask and deep heat	€95

• Little Princess Nails

For the Little Princess (under 12 years) we offer a very girly nail treatment. Filing the nails, tidying cuticles, mositurising and application of nail polish €20

Diamonds are Princess's best friend – all the above with diamonds of choice €27

Gift Vouchers available.
www.neelus-salon.com

Massage

Back, Neck & Shoulders

All wound up? A specific treatment to release muscle tension in the areas of the body which holds most of the stress. Whether it is a tough day at the office or stress at home, this treatment will leave you feeling revitalised and rejuvenated. A back, neck and shoulders massage can also enhance the ability to think and concentrate and improve skin and muscle tone. Life itself can be a balancing act between family and work. A back massage is an oasis of calm and tranquillity in the modern, busy world.

Foot Massage

In a world where all we do is stand, run, walk and lift – our feet support us the entire way. While being stifled in shoes and socks and stuck up in high heels at a slanted angle, is it any wonder that our feet become very tired and stiff. They have restricted circulation and air contact and are often neglected or overlooked.

Foot massage is one of the most unbelievably relaxing treats that you can give yourself or others. The ultimate study of foot massage is reflexology. Foot reflexology is 'pressure therapy' and involves applying focused pressure to certain known reflex points located in the foot to cure or prevent disease. Our foot massage is not reflexology though some benefits of reflexology will happen automatically simply by virtue of massaging the soles of the feet, however the main objective is to help tired feet feel better.

Back Massage	€50
Foot Massage	€40
Back & Scalp Massage	€75

OPENING HOURS

Neelu's @ Arnotts – Arnotts store hours.

Terms of trading:

1. Courses valid for one year only. Courses are non-transferable.
2. We regret Gift Vouchers cannot be exchanged for cash. Lost Vouchers cannot be replaced. Gift Vouchers are specific to location.
3. **Cancellations:** We understand that appointments will need to be changed and cancelled from time to time. In order to facilitate our clients we ask for at least **24 hour notice** in these instances.

Please note our specific policies below: –

- A credit card is required when making your appointment.
 - **24 hours notice** is required to cancel or change an appointment – otherwise a 100% cancellation charge applies.
- The charges will be made automatically without notification.*

Stockists for:



Skin Care •

- **AGERA®** Skin Care Systems • **OPI** Nail Care •
- **Mineral Essence (ME)** Mineral Make-Up •



BEAUTY EMPORIUM

Beauty Therapist

AMRIT NEELU WHITE

B.A. (Hons), M.A.Eng., M.A.Music, C.I.B.T.A.C.,
I.T.E.C., C.I.D.E.S.C.O., A.A.D., M.S.A.C., F.H.T.

Neelu's Beauty and Remedial Salon is over 25 years established in South Dublin (Dún Laoghaire). Neelu demonstrated '**Threading**' (an Indian way of hair removal) in Galligan's Beauty College, in Grafton Street in 1983 and introduced '**Semi-permanent make-up**' for eyebrows, eyeliner and lip liner in 1987, and '**nail art decorations**' in 1988, to Ireland. She was featured on the *Top to Toe* programme on RTE in the 1980's, in the *Irish Times* while exhibiting in the Burlington Hotel at a Beauty Congress, and also on the *Gerry Ryan Radio Show*.

Neelu has always been interested only in non-invasive treatments in her salon – the treatments that have no ill effects on health and only enhance the natural beauty of the individual.

Neelu opened her **Threading Bar** in **Arnotts** in November 2008. It operated on a '*no appointment – first come-first served*' basis and it was obvious from the length of the queues of her skill in this technique. Apart from eyebrow shaping and facial hair removal, the only other service was ME Mineral make-up application.

Due to a public demand for her extended services, from October 2009, Neelu has a full beauty emporium in Arnotts with the usual range of services – **plus more**.

Neelu @ Arnotts, 12 Henry Street, Dublin 1
Telephone: 01-805 0400 (Ext. 207)

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GIFT VOUCHERS AVAILABLE

Experience the Beauty of Science with the most effective skin care range in the world

AGERA® is a scientifically endorsed range of skin care products that has been clinically proven to penetrate and stimulate the skin for rapid, visible results in anti-ageing, anti-pigmentary and acne treatments. Powerful antioxidants protect against free radical damage, while retinols of varying strengths smooth away fine lines and wrinkles. Growth Factor Peptides, available in AGERA®, help to control the skin's internal ageing process while restoring and maintaining its thickness and resilience. AGERA® skin care is formulated using tiny particles called 'nanosomes' that encapsulate these powerful ingredients in a lipid base and aid their penetration into the deepest layers of the skin. AGERA® leads the cosmeceutical industry in the provision that have been scientifically proved to work.

AGERA® Basic Facial for all Skin Types €80

AGERA® Aesthetic Anti-ageing Facial €130

Dry, mature skin can be flaky, dull with fine lines and wrinkles. This regimen is designed to provide maximum regenerative capabilities of the skin through aggressive vitamin delivery, controlled exfoliation, hydration and environmental protection. Skin is gently cleansed and exfoliated then treated with bio-active, vitamin delivery therapies to stimulate, repair and firm for smoother, younger-looking skin.

AGERA® Aesthetic Hydrating Oxygen Facial €130

For sun damage – Oxygen generating treatment, excellent for tired, sluggish skin polluted by environmental toxins, solar damage, smoking and improper diet. Detoxifies, stimulates cell regeneration, increases circulation and hydrates whilst a dull complexion is lightened and brightened restoring a natural healthy glow.

AGERA® Aesthetic Deep Cleansing Acne Facial €130

Oily, acne prone skin tends to have enlarged, clogged pores and blemishes. Skin looks shiny and feels greasy. This regimen provides thorough cleansing with exfoliation to help control oil and treat problem skin. Skin is deep cleansed and gently exfoliated, then treated with detoxifying agents to purify problem skin types. It eliminates surface bacteria and prevents future breakouts. Anti-inflammatory ingredients counteract and soothe the problem skin whilst enzymes work to soften the skin for extractions.

Please note – 24 hour notice must be given on cancellation of all bookings, failing that you will be liable to pay full cost of the booked treatment.

GIFT VOUCHERS AVAILABLE

Medical Microdermabrasion Treatments

We use disposable eye shields and disposable abrasion heads to stop cross-contamination.

Microdermabrasion is the treatment that shows visible changes in skin texture, pore tightening and even skin tones. No exfoliation masks, peeling masks or blackhead removal strips works as effectively as **Microdermabrasion**. It would not be wrong to call it the new skin restoration procedure for smoother, younger looking skin. **Microdermabrasion** is a virtually painless alternative to chemical and laser peels.

The benefits of **Microdermabrasion** over chemical and laser peels include – *no pain, minimal risks, suited for all skin types, no anaesthesia required, no recovery time and no hazardous chemicals.*

It is used to treat – *blackheads, whiteheads, fine lines, wrinkles, sun damaged skin, acne prone skin, superficial age spots, hyperpigmentation, oily skin and dry or patchy skin.*

Medical Microdermabrasion for face €145

Microdermabrasion Treatments

NUE 4 in 1 Microdermabrasion Facial €175
(Organic Grains / Crystal / Oxygen / LED Light)

Neelu's Solutions to Various Skin Conditions

Hydrating Solutions is a facial for dry, dehydrated skin. It is a deeply hydrating and restorative facial treatment. It brings back the skin's vitality and flexibility and eliminates dehydration. This facial transforms the skin as it hydrates, refines, tones and firms leaving it silky smooth and radiant. €100

Clear Solutions is a facial loaded with intensive anti-bacterial and anti-inflammatory treatment for oily, combination, congested and acne skin types. This facial is performed utilizing the benefits of the earth's natural purifying and healing matter. This treatment is designed to normalize sebum secretion, alleviate inflammation and reduce irritation while improving the skin's hydration, texture and tone. €130

Calming Solutions Facial is designed specially for hypersensitive skin with visible broken veins or prone to redness and inflammation or acne rosacea. This treatment moisturises the epidermis, improves skins firmness and elasticity, soothes irritations and reduces redness of the skin. We use preparations enriched with Vitamin C, Vitamin K, Teprenone and algae to strengthen and seal broken capillaries, calm and sooth inflammation and reduces the risk of erythematous skin reactions. Recommended for hyper-sensitive & redness prone skin types. €100

Age Defying Facial – It is luxurious, highly effective, firming and lifting treatment that visibly smoothes deep lines and wrinkles revealing fresh and hydrated skin. €100

Brightening Facial is a complete and extremely effective lightening treatment for face, neck and décolleté based on carefully selected active ingredients with brightening properties. It illuminates complexion, reduces discolouration and evens out skin tone. Recommended for hyper-pigmented skin types. €100

Perfector

Cell regeneration from the anti-ageing expert. Clinically proven to lift sagging muscles, reduces wrinkles and lifts tissue. A face lift without surgery – **Perfector: The non-surgical face lifting treatment** – is a micro-current therapy which is the first real alternative to Cosmetic Surgery. It is also called 'The Knifeless Facelift'.

The **Perfector** therapy is suitable for:

- 1) Wrinkle reduction
- 2) Lifting sagging contours.
- 3) Melasma reduction.
- 4) Acne / Rosacea reduction.
- 5) Cell regeneration healing.
- 6) Increasing cell energy.
- 7) Balancing the skin PH.
- 8) Muscle tissue repair.
- 9) Reducing toxicity.
- 10) Increasing collagen and elastin.

It is also safe and painless.

Single sessions: €175 Course of 10: €1500

Threading

Neelu was the first beauty therapist to introduce the '**threading**' technique to Ireland. Threading is an ancient Indian way of removing hair. Threading involves knotting and twisting a fine cotton thread around hair to essentially pluck it from the pore. Threading allows for a more painless, precise, less irritating, chemical free, and lasting, hair removal experience compared with waxing. Threading is kind to your skin – did you know that facial waxing can actually cause your skin to sag and wrinkle? It can also cause broken capillaries. Your skin is delicate and needs to be treated gently.

Eyebrow Shape	€18
Upper Lip	€18
Chin	€28
Forehead	€30
Lip & Chin	€40
Sides of the Face	€30
Neck	€32
Full Face (including Eyebrows)	€140

Permanent Hair Reduction

EPILPRO is a sound-wave treatment. It is a unique innovation for permanent hair reduction and its a superior alternative to conventional electrolysis. Truly non-invasive, pain free & needleless. Large areas can be treated & cleared in each session. Safe for diabetics & epileptics. Treats smooth moles. Slower regrowth. Much faster than electrolysis in results.

Upper Lip	€35
Chin	€47
Sides of Face	€45
Neck	€50
Chin & Neck	€90

General Grooming

Eyelash Tint €18 Eyebrow Tint €15

All eyelash tint treatments require an Allergy Patch Test 24 hours prior to first treatment.

Make Up

Cleanse & Make Up €50

Disposable Waxing

Spatula Waxing v Disposable Waxing

Professional hygienic disposable waxing system is used at Neelu's because we care for you. No fear of cross contamination through waxing due to spatula re-dipping in the wax pot or not being able to sterilise the head of the roller waxing. The applicator is new for each client and disposed of after each use.

The applicator has a gate mechanism to prevent wax from re-entering the tube. The tube is held at a 45° angle in a booster chamber so there is no chance of any flow back during treatment. It is the safest wax system eliminating the possibilities of cross-contamination (especially in areas prone to bleeding) between clients.

Full Leg	€36	Abdomen Wax	€15
3/4 Leg	€32	Under Arm Wax	€15
1/2 Leg	€22	Full Arm Wax	€22
Thigh & Bikini	€32	Brazilian Bikini Wax	€45
Bikini Wax	€15		

Toning & Firming with Arasys

Another revolutionary treatment available at Neelu's is '**Arasys**' – the system that really works for inch loss, muscle building and body toning. **Arasys** provides unparallel inch loss, intensive toning, lymphatic drainage and cellulite reduction all in one. Each programme will help to increase your circulation, metabolism and aid weight loss. It is a most safe and comfortable system and is suitable for both men and women. This system also has a diuretic effect by stimulating the removal of waste products. Even someone who exercises regularly can benefit from **Arasys** treatment as it has the advantage over exercise in being able to exercise lazy muscles, for example the inner thigh. **Arasys** also achieves a contraction that is far stronger than can be achieved with normal exercise. It may take a client 2-3 hours in the gym to attain the same effect that can be gained in one 20 minute **Arasys** session.

Per half hour session €65
A course of 10 half hour sessions €475

Loose up to 5000 calories and 3"-4" in one hour with Ion Magnum Treatment

Exclusive to Neelu in Ireland

Forty minutes session €175
A course of 10 forty-minutes sessions €1500

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